

Tacoma Family Eyecare Covid-19

All patients and visitors must bring and wear a mask at their appointment. The mask may be either cloth/homemade or a commercially manufactured medical mask. Tacoma Family Eyecare cannot supply masks due to the PPE shortage.

Keys to our success are based on cleaning, screening, mask, and respiratory etiquette.

Cleaning: Staff clean our facility routinely throughout the day to avoid transmission of disease. We've arranged our clinic to maximize social distancing.

Infection Control Measures & Patient Screening:

In addition to frequent cleaning and rearranging our clinic to maximize social distancing, we are following these screening practices:

- Pre-appointment phone calls to patients reviewing mask requirements and health screening procedures.
- Patients must wear masks to their appointment.
- Visitors are not allowed, unless needed for care-giving services like an interpreter or parent with a child.
- Early arrivals may be asked to wait in their car or warehouse until their appointment time.
- Patients are screened at their appointment for symptoms of COVID-19, including a temperature check that will be logged into a Visitor Health Logbook.
- Employees are also screened daily for COVID-19 symptoms, including recording temperature in an Employee Health Logbook. All employees must wear a mask.

Staff, patients, and visitors are rescheduled or sent home if they're experiencing a new onset of the following symptoms within the last two weeks:

- Fever
- Cough
- Shortness of breath/difficulty breathing
- Chills or repeated shaking with chills
- Muscle aches*
- Headache*
- Sore throat*
- New loss of taste or smell

Mask Etiquette:

We appreciate our communities rationing PPE to ensure resources for hospitals and essential personnel. We've adopted the following mask etiquette:

- Cloth or medical face masks must be worn by patients and staff while in our facilities.
- Patients must wear a mask to their appointment.
- Masks on patients must not have valves. Valved masks let unfiltered exhaled air out, which puts others at risk.
- Employees who work directly with patients must wear procedural or surgical masks.

We also encourage continued distancing of at least 6 feet between others, and frequent hand-washing or use of appropriate hand sanitizers.

Respiratory Etiquette: Finally, the Tacoma Family Eyecare team encourages everyone to use respiratory etiquette:

- We provide tissues and no-touch disposal receptacles for patients, staff, and visitors to use
- When washing hands, use soap and water for 20 seconds. We offer 60-90% alcohol-based hand sanitizer
- Avoid touching eyes, nose, mouth areas with hands
- Tacoma Family Eyecare will maintain adequate supplies, and place hand sanitizer in multiple locations to encourage hand hygiene

Thank you for choosing Tacoma Family Eyecare and we look forward to seeing you soon!